



CL. Reddon

Relationship Designer,
Communication Strategist, Coach

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Bio

CL. Reddon, the visionary author of “Dig Deep Before You Leap,” is a relentless Relationship Designer and Communication Strategist. His life was once marred by two shattered marriages, financial turmoil, severed family ties, and crippling health challenges. But from this abyss, he forged a path to personal transformation. Through intensive relationship therapy, CL unearthed profound truths about self-worth, human connections, and the critical role of introspection in intimacy, finance, and mindfulness. Today, he’s on a mission to empower others, spreading the message that you can have the relationship of your dreams. But first, you must learn to Dig Deep! “CL. Reddon’s, Dig Deep Before You Leap” is his guide to navigating the complexities of love, communication, and self-discovery. It’s a must-read for anyone seeking unwavering truth, transparency, and security in themselves and their relationships.

Suggested Interview Topics

- Recognizing the Influence of Media on Relationship Expectations
- Understanding the Impact of Negative Behavior Patterns
- Breaking the Cycle of Unhealthy Relationships
- Empowering Yourself to Set Healthy Boundaries
- The Role of Communication in Navigating Relationship Challenges
- Fostering Self-Worth and Resilience

Interview Questions

- 1. The Significance of Self-Exploration:** Why is it essential for individuals to embark on a journey of self-discovery before pursuing romantic relationships or starting a family? How can a deep understanding of oneself positively impact relationship choices?
- 2. Assessing Compatibility Through Background and Values:** How can learning about a potential partner’s background, values, and beliefs help individuals determine compatibility in a relationship? What role does align on fundamental aspects play in long-term happiness?
- 3. Financial Literacy and Relationship Success:** In your experience, how does financial literacy contribute to successful relationships and family planning? Can you share examples of how financial compatibility or differences can impact partnerships?
- 4. Exploring Habits, Tendencies, and Communication Styles:** What are some common habits, tendencies, or communication styles that individuals should explore in themselves and their potential partners? How can understanding these aspects enhance the quality of relationships and family life?
- 5. Educational Background and Aspirations:** How can an individual’s educational background and aspirations influence their compatibility with a partner? Are there specific considerations that individuals should keep in mind when assessing these aspects in a potential relationship?

CL. Reddon’s book

Dig Deep Before You Leap is Available Now

“Through the pages of this book, I found the light to navigate relationships, break toxic patterns, and thrive.” – TINA MARIE

Amazon link

https://www.amazon.com/Dig-Deep-Before-You-Leap/dp/B0C2GZ8NQM/ref=tmm_hrd_swatch_0?_encoding=UTF8&qid=&sr=

